

Coastal Walk in aid of St Luke's

If you enjoy leisurely walks along the coast and breathtaking views, then St Luke's has the event for you. On Sunday, September 6th, we are inviting you to join us on a sponsored 10-mile coastal walk, which will take in some of the beautiful sights and scenery that surround South Hams.

Setting off from Beesands you will be given a set of route notes, which will tell you what to look out for throughout your journey. Walkers will make their way on to the coastal path, following it to Start Point then continuing through to Great Mattiscombe Sand and Lannacombe. Just over half way, participants will get the opportunity to take a much-needed break (!) at East Prawle and take in some of the amazing sights that this part of the coastal path has to offer.

The route will then carry on inland on a combination of tracks, paths and quiet roads to South Allington and Kellaton before rejoining the coastal path to Beesands.

Events like these help us to care for more than 2,000 patients each year from Plymouth, East Cornwall and South West Devon. Each year, due to lack of Government funding, St Luke's has to raise at least £3.5million from the local community, so pull on your walking boots and help St Luke's!

If you would like to take part, you can contact the fundraising department on 01752 492626, or email us on events@stlukes-hospice.org.uk. Registration costs £5 and you will be sent detailed instructions for the day, a sponsorship form and your registration number. Route notes and a route map will be available at the start of the walk. Spaces are limited so book your place **NOW!**

ENDS

Notes to Editor:

- Free parking is available at Beesands and public toilets are at both Beesands and East Prawle.
- Men, women and children are all welcome as long as you are capable of walking 10 miles. Children under 16 must be accompanied by an adult.

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