

Time's ticking: Get under starter's orders for St Luke's Midnight Walk for Women

Join us on Saturday July 30 2011 Midnight, at Home Park, Plymouth.

St Luke's is urging all local ladies planning on doing their Midnight Walk for Women this year to sign up fast before registration closes on 22 July.

And there's always a place for men to be involved, as the charity is also appealing for volunteers to act as marshals on the night, keeping our walkers on track.

Last year, a record breaking two thousand women took part in the event and pledged a staggering £250,000 to the hospice. This was an incredible success for both St Luke's and the South West community, with Plymouth Argyle Football Club kindly hosting the event.

This year is already set to be bigger and better, as the charity celebrates the event's fifth birthday by adding a new seven mile route. This less strenuous option offers those with a lower level of fitness the opportunity to still take part and raise funds for the hard-working charity.

For just a £12 entry fee, each walker will receive a pack which includes fundraising material, tips on training, t-shirt, medal, and a silver star to wear on the night, plus breakfast and a hot drink.

Women can register individually or as a team, participants must be over 16 (16 - 18 year olds must have parental consent), to register online please visit www.stlukesmidnightwalk.co.uk.

All details are also available on our website www.stlukes-hospice.org.uk, or call us on 01752 492626.

The closing date for registration is 22 July 2011 - women are advised to register early to avoid disappointment, as **there will not be an option to register on the night.**

Additional 2011 Midnight Walk merchandise is available to purchase online.

ENDS

Note to Editor: For further information or to arrange a photo-opportunity at the event, please contact the press office at St Luke's Hospice on 01752 492626.