

PRESS RELEASE

18 April 2011

The best girl's night out this year!

**Come and celebrate the 5th anniversary of our
St Luke's Midnight Walk for Women**

Join us on Saturday July 30th 2011 Midnight, at Home Park, Plymouth.

Last year, more than a record breaking two thousand women took part in our Midnight Walk for Women and pledged a staggering £250,000 to the Hospice. This was an incredible success for both St Lukes and the South West community, with Plymouth Argyle Football Club kindly hosting the event.

This year we are celebrating the 5th Anniversary of our Midnight Walk, and we are pleased to announce an additional third route.

Not only are we still allocating places for our original 13 miles, and our most recent full marathon route of 26 miles, but we have this year added a brand new seven mile route.

This aims to take the Midnight Walk to the next level through encouraging more ladies to take part with the slightly less strenuous walk.

For just a £12 entry, each walker will receive a pack which includes fundraising material, tips on training, t-shirt, medal, and a silver star to wear on the night, plus breakfast and a hot drink.

Each year St Luke's Hospice cares for more than 2,800 terminally ill patients across Plymouth, South West Devon and East Cornwall. Statistics show that one in five people in this area will develop a terminal illness at some point in their lives.

Subsequently there is a growing need for specialist palliative and end of life care.

With your help St Luke's Hospice can continue to provide intensive care for patients and support for their families.

Events are an essential component to St Luke's fundraising in order to help towards the necessary charitable donations of £4 million each year required to keep the Hospice open.

Women can register individually or as a team, participants must be over 16 (16 - 18 year olds must have parental consent), to register online please visit www.stlukesmidnightwalk.co.uk.

All details are also available on our website www.stlukes-hospice.org.uk, or call us on 01752 492626.

The closing date for registration is 22nd July 2011 - women are advised to register early to avoid disappointment, as there will not be an option to register on the night.

Additional 2011 Midnight Walk merchandise is available to purchase online.

ENDS

**Note to Editor: For further information or to arrange a photo-opportunity at the event, please contact the press office at St Luke's Hospice on 01752 492626.
Promotional photographs attached.**