

# Befriending Service



## What is Befriending?

Befriending provides support to people who are coping with life limiting illnesses and are in the care of St Luke's.

For more information visit  
[www.stlukes-hospice.org.uk](http://www.stlukes-hospice.org.uk)

## Who are our volunteers?

Our befriending volunteers are from all backgrounds and receive training from St Luke's before working with patients and families. We offer emotional support to patients, and sit with patients, enabling carers to have well earned breaks. All volunteers are CRB checked and receive on going training.

## What can a volunteer do?

Volunteers can offer a variety of services, including:

- Emotional support to patients by simply listening to them.
- Sitting with patients, enabling carers to have a well earned break.
- Undertaking practical tasks such as shopping, appointments and library visits etc

Our Befrienders are not allowed to become involved in personal care, medical care, domestic tasks or financial and legal matters.

## How can I access a befriender?

The Manager at the Atrium, St Luke's Day Care will allocate a volunteer to you and then call you with the name of your volunteer. The volunteer will then contact you to arrange a visit, which could be a one off visit or more visits for ongoing support.

We suggest that after 3 months, or any time requested by the patient, that there is a review of the involvement of the befriender.

## Contact us

To find out more about this service please contact us on 01752 314340.  
Confidentiality is ensured at all times.

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