



LymphAssist

LymphAssist consists of a pump and inflatable garment which, when applied to the arm or leg delivers gentle pressure which replicates Manual Lymphatic Drainage.

The pump gently inflates each of the 12 overlapping chambers and delivers a light pressure to the affected limb. This helps to soften and reduce the oedema and redirects the fluid into the working lymphatics elsewhere in your body.

The treatment takes approximately half an hour and would normally be done weekly for six weeks as a course of treatment two or three times a year.

This treatment would normally be done in conjunction with you wearing a compression sleeve/stocking, not as a stand alone treatment.

If you find the LymphAssist particularly helpful, it can be purchased directly from the company to be used at home. Your therapist can give you details of this.

