

## **Male and Female Catheterisation Study Day**

This is a one day training day incorporating many aspects of male and female catheterisation using a simulated patient. There will be a theoretical assessment. This day is suitable for both internal and external staff.

There is also a half day option open to internal staff only and that have previously used these skills and require an update. This includes an online test that must be completed and passed before booking onto the afternoon part of the above study day.

Staff must be registered practitioners with a professional body e.g. NMC, GMC or a senior care assistant that is at a Level 3 or 4 qualification working in a Nursing care setting and is covered under their local working policy.

Staff need to have a good understanding and communication of the English language.

Staff in the community setting must be covered by policies and procedures in their work settings.

Max 9 staff, minimum 3 staff. We have the right to postpone this course if we do not have adequate numbers attending.

### **Aim:**

To be given the theoretical and practical aspects of the safe and effective male and female urinary catheterisation.

### **Objectives:**

- Awareness of local policies and procedures and professional responsibilities
- Anatomy and physiology of the urinary system
- Indications for catheterisation
- Bladder scanning
- Conveen care and bladder management
- Risks associated with catheterisation

- Safe Assessment and catheterisation of both male and female anatomy
- Awareness and the management of complications
- Selection of appropriate equipment
- Awareness of the importance of record keeping and appropriate documentation
- Patient education and onward care
- Theoretical test

For Formal Assessment on the above to practice in the clinical setting, you are required to attend an OSCE clinical assessment on a later day or be assessed in clinical practice by an appropriately trained mentor.