



# St Luke's

## Lymphoedema

### **Skin care for patients with Lymphorrhoea**

#### **Treating Lymph leakage from the skin (lymphorrhoea)**

Lymphorrhoea happens occasionally when:

- An area is very swollen
- The skin is very dry
- The area of swelling is difficult to treat for example the genital area
- There is a break in the skin

It is important to take very good care of your skin. If you have lymphorrhoea keep the area clean. Contact a health care professional as soon as possible for advice.

Whilst you are waiting to see the health care professional

- Keep the skin clean and observe for signs of infection
- Apply moisturiser around the area that is leaking
- Elevate your limb when possible
- Regularly apply a clean dry dressing to the area do not use tape to fix in place