

End of life compassionate network

Application form

We are forming a city wide End of Life Compassionate Network that will achieve the following:
"A shared vision where the city recognises that care for one another at end of life and times of crisis and loss is everyone's responsibility"

Our mission is to work with our community and in partnership with others to develop an inclusive city for end of life that publicly encourages, facilitates, supports and celebrates care for one another affected by a life-limiting illness and loss through compassionate action.

Name of individual, organisation, network or community/neighbourhood group making the application:

Contact name

Telephone number

Email



St Luke's

Hospice Plymouth

Option A. I would to join the End of Life Compassionate Network and work on the following areas: please tick:

- Schools
- Workplaces
- Places of worship
- Care Homes
- The arts
- Peacetime memorial parade
- Diversity & reducing inequalities
- Homeless & imprisoned
- Developing & indentifying compassionate networks that work together in:
 - Communities/neighbourhoods
 - Cafes & social spaces (community hubs)
 - GP surgeries
- Other

If other, please specify

OR

Option B. I support the Compassionate City Charter: A public health approach to end of life care and would consider joining the End of Life Compassionate Network in future.

Please leave general comments on what you think of the Compassionate City Charter

Signed

Date

Thank you for application. If you have circled **option A** we will be in contact with you soon for the first meeting. Please ensure you have ticked the area of the charter you would like to work on.

If you have circled **option B** we will keep you updated of progress and contact you in future to see if you would like to sign up to the End of Life Compassionate Network.

If you don't wish to be contacted please select tick here.



End of Life Compassionate Network ideas

The Compassionate City Charter (Appendix A in the conference pack) consists of various sectors which include but are not limited to schools, workplaces, arts, museums, places of worship, homeless organisations, prisons, etc. but also funeral celebrants, funeral directors and the crematorium. The network will develop actions using a public health approach to end of life (what can we do to achieve a good death for our community and grieve in a healthy way) to implement the Charter.

Outcomes:

1. To work with various sectors of our city to implement the Compassionate City Charter (Appendix A) by delivering on its 14 aims.
2. Raise public awareness of the issues around death and dying including those from diverse communities so everyone can make better-informed decisions on what can be done to help each other and themselves nearing the end of their lives.
3. Build emotional resilience in our city by developing and encouraging our community's ability to talk about death, dying and bereavement giving everyone the best chance to die well and have a normal grieving process, reducing the risk of negative long term impacts on mental and physical health due to isolation, anxiety for those who are experiencing loss and bereavement.
4. Increase compassion at end life by developing self-sustaining voluntary compassionate networks so people, colleagues, families and communities are better supported in practical, emotional and empathetic ways. To support those who are dying in our communities so they can die in a place of their choosing. The actions to achieve these outcomes will be up to the network.

Benefits of forming a city wide end of life compassionate network

- The network will include representatives from the various community and voluntary organisations, which will help to establish a broad reaching network across the city. This will help to maximise effect to make changes in end of life that require a collective response.
- Taking a coordinated network approach is likely to benefit the impact of any work that is happening already, also improve efficiency, allowing for the impact of any projects to be better demonstrated.
- Encourages equal participation of everyone and seeks to work together in partnership to remove the barriers identified and share resources to move actions forward.
- The network will use community, consultations and will take into account and share different cultural and religious factors and experiences which can impact care. This can inspire innovative ways to model caring for each other that we wouldn't have known of if we don't work together.
- We will be part a social movement of other cities across the world and UK where the charter is being implemented and working. We can learn from them and share our practice with others (<http://www.phpci.info/>).
- We can use sustainable methods to build caring capacity in our communities such as train the trainer methods and social action. This way, anyone in the sectors can develop the skills and confidence to become Compassionate Friends Champions or End of Life Ambassadors and create compassionate support networks within their community / organisations and train others to become Compassionate Friends and share end of life knowledge with others. This can go beyond the sectors and which can use our city cafes, libraries, community hubs, community groups, the general public and voluntary organisations so there are compassionate support networks everywhere.

