Reading list

**Palliative textbooks**

A very good introductory textbook to palliative care.

Twycross, Wilcock, Stark Toller
New edition provides an in depth framework for symptom management
‘Should be within arms reach of all clinicians involved in the management of patients
with advanced cancer.’ Palliative Medicine

**Palliative care Formulary** (6th edition) Twycross, Wilcock
The palliative equivalent of the BNF

**ABC of Palliative Care Principles of palliative care and pain control**
(BMJ publishing) Fallon M, Hanks G

**Oxford Handbook of Palliative Care** (2nd edition) OUP, 2010
Watson M, Lucas C, Hoy A

**General Palliative care**

‘**Being Mortal: Medicine & What Matters in the End**’ Atul Gwande
I would strongly recommend this book if there was only one non-textbook to read
through this attachment.
Available is an e-book from

When breath becomes air’ Paul Kalanathi
An American neurosurgeon’s personal story of dying from lung cancer.

‘C because cowards get cancer too’ John Diamond

‘When I die’ Philip Gould
A personal story from an architect of ‘New Labour’ and his journey with oesophageal cancer

‘Late fragments’ Kate Gross.

‘Mortally wounded’
‘Stories of soul pain, death and healing’ Michael Kearney

**Novels**

‘**The Diving Bell and the Butterfly**’ Jean-Dominique Bauby
‘Feathers in the Dust’ / ‘**Shadows of Bright**’ David Trevelyan.
‘**Tuesdays with Morrie /The five people you meet in Heaven**’
Mitch Albom

**Films**

*Many films are available with a palliative care bereavement theme, here are a selection.*

‘**Wit**’ (2001)
starring Emma Thompson who plays a uni professor diagnosed with ovarian cancer

‘**The Diving Bell and the Butterfly**’ (2007)
A film based on Jean-Dominique Baubys book

**50/50** (2011)
A film based on a young man given a cancer diagnosis

**The single man** (2009)
The Bucket list