

PLYMOUTH ALL AGE UNPAID CARERS STRATEGY

2025 – 2027



What is the unpaid carers strategy?

The Plymouth all-age unpaid carers strategy is a plan to help people who care for others without being paid. This plan assists unpaid carers of all ages and backgrounds by giving them advice, support and resources that they may need.

Why do we have this plan? This plan (strategy) explains how we will help unpaid carers with the things they have told us are important to them.

Who is it for? This plan (strategy) is for unpaid carers of all ages, the people who work with them, the Carers Strategic Partnership Board (which helps put the plan into action), and other local partners.

OUR 6 MAIN GOALS

1

Make it easier for unpaid carers to get the support they need.

2

Give unpaid carers more help with money information and financial advice.

3

Improve unpaid carers' health and wellbeing, including providing emotional support.

4

Help identify unpaid carers early and recognise their hard work.

5

Provide better information, advice, and communication to carers.

6

Offer support when a carer's role changes.

With thanks to our carers

23,956

Unpaid carers in the city of Plymouth

44%

Providing up to 19 hours of unpaid care a week

730

Young carers identified in the 2024 school census

For more information

Please contact the Joint Commissioning team:
jointcommissioning@plymouth.gov.uk
or call 01752 307074.